

Chiltern Rangers



Conservation Sessions: Information for Parents and Carers

What to Expect:

- Your child will be joining in practical conservation work on one of our beautiful nature reserves or other sites in the Chiltern Hills.
- They will learn safe use of tools under the supervision of our Rangers and your school staff.
- We will provide work gloves and safety glasses where needed, and waders for river sessions.
- Sessions will go ahead in all but the most extreme weather: see below for more information on clothing.

What to Wear & Bring:

- Wear old clothes and dress in layers for warmth and flexibility.
- A waterproof coat is essential for most sessions, even better if you also have waterproof trousers.
- Wear sturdy shoes or boots. We will often be on muddy and uneven ground and steep slopes.
- In summer, long sleeves and trousers are still needed as we often work with thorny vegetation. Wear a sunhat and use sunscreen.
- Bring your own water bottle, and a packed lunch in a backpack if you are staying all day.
- For river sessions bring a spare set of clothes in case the ones you are wearing get wet.

We do have some waterproofs and wellies to lend. If you would like to borrow equipment, please ask your school staff to let us know.



Visit our website at chilternrangers.co.uk to find out more about our work